

**Women's Aid ABCLN  
 Safe Haven Garden Volunteers**



**Make A  
 Difference**



Women's Aid ABCLN's **Safe Haven Garden** in Antrim and **Garden in Refuge**, Ballymena provide safe and nurturing outdoor spaces for women and children experiencing domestic abuse.

Our gardens require on-going maintenance and provide a wonderful opportunity for volunteers and supporters to get involved in our work.

You can volunteer in our gardens on a regular basis or as team of volunteers, offering a lending hand when needed.

**Volunteer  
 Roles**

- Safe Haven Garden Volunteers
- Refuge Garden Volunteers
- Outdoor Maintenance Volunteers

<b>Activities</b>	<ul style="list-style-type: none"> <li>• Volunteer Gardening in <b>Safe Haven Garden</b>, Antrim</li> <li>• Volunteer Gardening in <b>Refuge Garden</b>, Ballymena</li> <li>• Planting and maintaining garden beds &amp; window boxes</li> <li>• Regular power hosing, weeding &amp; brushing paths</li> <li>• General outdoor maintenance including painting fences</li> </ul>
<b>Location</b>	<p>Women's Aid ABCLN Safe Haven Garden - <b>Antrim</b>          Women's Aid ABCLN Refuge Garden - <b>Ballymena</b></p>
<b>Join Us</b>	Opportunities available throughout the year
<b>Time</b>	Flexible including evenings and weekends
<b>Activities</b>	<ul style="list-style-type: none"> <li>• Gardening in <b>Safe Haven Garden</b>, Antrim</li> <li>• Gardening in <b>Refuge Garden</b>, Ballymena</li> <li>• Planting and maintaining garden beds &amp; window boxes</li> <li>• Regular power hosing, weeding &amp; brushing paths</li> <li>• General outdoor maintenance including painting fences</li> </ul>
	
<b>What We Provide</b>	<p>Training and development opportunities will be provided for all volunteers including 'Understanding Domestic Abuse' and other accredited courses.</p> <p>Opportunity to work with other gardening volunteers to learn new skill and share expertise in the <b>Safe Haven Garden</b>, Antrim.</p>
<b>You Can Contact Us</b>	<p>For more information on how <b>YOU CAN Volunteer for Women's Aid ABCLN</b> contact:</p> <p>Women's Aid ABCLN          Tel: 028 25 632136          Email: <a href="mailto:volunteering@womenaidabcln.org">volunteering@womenaidabcln.org</a></p> 

## **About Women's Aid ABCLN**

- Women's Aid ABCLN provides confidential support, information and emergency accommodation for women and children affected by domestic abuse across Antrim, Ballymena, Carrickfergus, Larne and Newtownabbey.
- We offer one to one support, practical assistance and group work for women in the community.
- We provide specialised services and support for children and young people affected by domestic abuse.
- We believe that no-one should have to live in fear or threat from abuse.
- Knowing that help is available, that there is a way out of the domestic abuse they have experienced enables women to transform their lives.
- Through early intervention and preventative work, we challenge attitudes and beliefs which lead to male violence against women.
- Together we are working to end domestic abuse.

Registered with **The Charity Commission for Northern Ireland NIC105905**  
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