

Women's Aid ABCLN Refuge Volunteer



Make A Difference

We provide emergency accommodation in **Refuge** and self-contained flats for women and children who are affected by domestic abuse.


Refuge is a safe place with specially trained staff on hand to provide information, practical help and one-to-one support.

We provide practical support to enable women to access services including housing benefits, social services, healthcare and education, financial services, police and legal support.

Women and children come to **Refuge** at a point of crisis and often need a significant amount of support with safety planning and protection measures.

Refuge is a fast-paced environment and every day can be different.

Refuge staff and volunteers work together to ensure that refuge runs smoothly and women and children have access to the services and support they need.

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| Roles | <ul style="list-style-type: none"> • Welcome Volunteer • House Keeping Volunteer • Refuge Volunteer |
| Location | Women's Aid Refuge Virginia House and self-contained accommodation Ruth House is located in Ballymena |
| Join Us | One morning, afternoon or evening per week |
| Time | Time: Half Day Hours: Up to 4 hours Frequency: One Session Per Week (- or more) |
| Your Role | <ul style="list-style-type: none"> • Provide a warm and welcoming environment for women and children in refuge • Help with housekeeping and cleaning of rooms • Plan and deliver social activities with women • Attend appointments with women • Provide childcare support for mums • Support Family Workers with children's activities • Building rapport and listen to women and children • Signpost women to Domestic Abuse Specialists for additional needs-led support |
| What We Provide | <p>Training and development opportunities will be provided for all volunteers including 'Understanding Domestic Abuse' and other accredited courses.</p> <p>Opportunity to shadow Women's Aid ABCLN Domestic Abuse Specialists and other volunteers in Refuge</p> |
| You Can Contact Us | <p>For more information on how YOU CAN Volunteer for Women's Aid ABCLN contact:</p> <p>Women's Aid ABCLN Tel: 028 25 632136 Email: volunteering@womenaidabcln.org</p>  |

About Women's Aid ABCLN

- Women's Aid ABCLN provides confidential support, information and emergency accommodation for women and children affected by domestic abuse across Antrim, Ballymena, Carrickfergus, Larne and Newtownabbey.

- We offer one to one support, practical assistance and group work for women in the community.
- We provide specialised services and support for children and young people affected by domestic abuse.
- We believe that no-one should have to live in fear or threat from abuse.
- Knowing that help is available, that there is a way out of the domestic abuse they have experienced enables women to transform their lives.
- Through early intervention and preventative work, we challenge attitudes and beliefs which lead to male violence against women.
- Together we are working to end domestic abuse.

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