

Quotes from Children

"My key worker listened to me and helped me."

"I loved the arts and craft. I now know who my safe adults are."

"Julie took my worries away in a rocket."

"I couldn't sleep because I seen the bad things. I now feel safe and feel happy."

"The games were really cool."

"I loved working with Danielle, she was kind and listened to me."

This project is funded by
BCC Children in Need



To make a referral contact

Women's Aid ABCLN
028 25 632136

Children's Services Manager
075 993 11988

If you are affected by domestic abuse you can contact:

Tel: 028 25 632136

Email: admin@womensaidabcln.org

www.womens-aid.org.uk

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Working To End Domestic Abuse

women's aid

Antrim · Ballymena · Carrickfergus
Larne and Newtownabbey

KEYS PROJECT

KEEPING EVERY YOUNGSTER SAFER

ONE TO ONE SUPPORT

Providing emotional support for children and young people affected by domestic abuse



Children & Young People

What is the KEYS Project?

One to one therapeutic support service for children and young people who have been impacted by domestic abuse in their home.

Children need a listening ear. They are victims, they have a voice and want to be heard.

Support for **children and young people aged 8-18** years.

Individual needs are identified through the completion of initial assessment.

Support plans are reviewed throughout the period of support, to ensure needs are being met.

The three main areas for support are:

- **Increased confidence**
- **Better able to cope with distress or trauma**
- **Have healthier relationships**

Other areas of support include:

- Understanding separation and loss
- Understanding emotions
- Increasing regulation
- Managing anger
- Safety planning
- Reducing anxiety and stress
- Using a wide range of therapeutic resources

Working in Partnership

Key Workers work alongside social services, schools, youth groups, locality groups and counselling services.

Key workers advocate for children and young people and help to keep them safe.

